

Ergonomic Group, Inc.
Corporate Headquarters
609-3 Cantiague Rock Road
Westbury, New York 11590
516-746-7777

From Grand Central Parkway/Northern State Parkway:

- Take the Grand Central Parkway East (it becomes the Northern State Pkwy.)
- From the Northern State Parkway exit at the Wantagh Pkwy South Exit 33 towards Jones Beach
Note: Do NOT get on the Parkway! There will be a ramp on your right hand side once you go towards the Wantagh exit for Brush Hollow Rd.
- Take the Brush Hollow Rd Exit Ramp and make a left onto Brush Hollow.
- Go about 1 mile and make a Right onto Cantiague Rock Rd.
Landmark: there is a BMW dealer on the right side.
- Stay on Cantiague Rock Road for about ½ mile.
Landmark: You will pass a firehouse, a blinking light and a school on the left side.
- Just after the first solid traffic light, make a right turn AFTER the sign for Brinkmann.
- Go over all 3 speed bumps straight to the parking lot in the back.
- You have now arrived at The Ergonomic Group!

From Grand Central Parkway/Long Island Expressway:

- Take the Grand Central Parkway East (Stay in right lane to exit for LIE)
- Take the Long Island Expressway East.
- Take the LIE until you reach Exit 40 (LIE Service Road for Jericho Turnpike/Rte 25)
- Proceed to first light.
- Make a right onto Jericho Turnpike (get into left-turn lane.)
- Proceed to next intersection (Cantiague Rock Road/Brushhollow Road/Jericho Turnpike)
Landmark: There is a U-Haul on the left and an IHOP on the right
- Make a sharp left turn onto Cantiague Rock Road.
Note: Make sure the U-Haul is on your left the whole time you are turning.
- Stay on Cantiague Rock Road for about ½ mile.
Landmark: You will pass a firehouse, a blinking light and a school on the left side.
- Just after the first solid traffic light, make a right turn AFTER the sign for Brinkmann.
- Go over all 3 speed bumps straight to the parking lot in the back.
- You have now arrived at The Ergonomic Group!

From Belt Parkway/Southern State Parkway:

- Take the Belt Pkwy Eastbound to the Southern State Parkway.
- Continue on Southern State Parkway and get off at Exit 27 for the Wantagh Parkway North.
- Take the Wantagh Parkway northbound until you see signs for Westbury/Brushhollow Road
- Take Wantagh to Brush Hollow Road –Next Right (Northern Parkway/Hauppauge)
- Merge onto the Northern State Parkway BUT stay in that lane and get right off the next exit Brush Hollow Road
- Make a right onto Brushhollow Road and stay on it for about 1 mile.
Landmark: 7-11 will be on your left and a BMW dealership will be on your right.
- Make a quick right onto Cantiague Rock Road and stay on it for about ½ mile.
Landmark: You will pass a firehouse, a blinking light and a school on the left side.
- Just after the first solid traffic light, make a right turn AFTER the sign for Eppendorf.
- Go over all 3 speed bumps straight to the parking lot in the back.
- You have now arrived at The Ergonomic Group!

From Eastern Long Island/Long Island Expressway:

- Take the LIE to Exit 40W (25 West/Jericho Turnpike)
- Stay on service road and after passing through the 1st traffic light move over to the far left turning lane.

Note: You'll see a sign with an arrow for Cantiague Rock Road.

- Make a sharp left turn (more of a U-turn) onto Cantiague Rock Road.

Landmark: There is a BMW dealership on your right hand side as you make that left.

- Stay on Cantiague Rock Road for about 1/2 mile.

Landmark: You will pass a firehouse, a blinking light and a school on the left side.

- Just after the first solid traffic light, make a right turn AFTER the sign for Eppendorf.
- Go over all 3 speed bumps straight to the parking lot in the back.
- You have now arrived at The Ergonomic Group!

From Eastern Long Island/Northern Parkway:

- Take the Northern State Parkway to Exit 34 Westbury/Brush Hollow Road.
- Make a right onto Brushhollow Road and stay on it for about 1 mile.

Landmark: 7-11 will be on your left and a BMW dealership will be on your right.

- Make a quick right onto Cantiague Rock Road and stay on it for about 1/2 mile.

Landmark: You will pass a firehouse, a blinking light and a school on the left side.

- Just after the first solid traffic light, make a right turn AFTER the sign for Eppendorf.
- Go over all 3 speed bumps straight to the parking lot in the back.
- You have now arrived at The Ergonomic Group!